Blowing (Style Catalan)

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Description : 64 temps, 2 murs, Intermediaire, Février 2017

Musique : This Little Light of Mine – Holly Spears

Intro: Start on vocals

S 1: OUT, IN, JAZZ BOX, SCUFF
1 RF Step right diagonal (Out)
2 LF Step diagonally left (Out)
3 RF Step back center (In)
4 LF Step together
5 RF Step right over left
6 LF Step back
7 RF Step aside
8 LF Scuff

S 2: STEP LOCK STEP, SCUFF, STEP, ½ TURN FLICK, STEP, STOMP UP
1 LF Step forward
2 RF Lock right behind left
3 LF Step forward
4 RF Scuff
5 LF on ball of left 1/2 turn left
6 RF Step right next to left and left flick (06.00)
7 LF Step forward
8 RF stomp-up next to left

S 3: OUT, IN, JAZZ BOX, SCUFF
1 RF Step right diagonal (Out)
2 LF Step diagonally left (Out)
3 RF Step back center (In)
4 LF Step left together
5 RF Step right over left
6 LF Step back
7 RF Step aside
8 LF Scuff

S 4: STEP LOCK STEP, SCUFF, STEP, ½ TURN FLICK, STEP, STOMP UP
1 LF Step forward
2 RF Lock right behind left
3 LF Step forward
4 RF Scuff
5 LF on ball on ball of left 1/2 turn left
6 RF Step right next to left and left flick (12.00)
7 LF Step forward
8 RF Stomp-up next to left

S 5: STEP, STOMP UP, BACK, STOMP UP, BACK, STOMP UP, STEP, STOMP UP
1 RF Step right diagonal

2 LF Stomp-up next to right
3 LF Step left diagonally back
4 RF Stomp-up next to left
5 RV Step right diagonally back
6 LF Stomp-up next to right
7 LF Step forward
8 RF Stomp-up next to left

S 6: BACK ROCK, STOMP 2X, 2X SWIVEL
1 RF Rock/Jump back and kick left
2 LF Recover
3 RF Stomp-up next to left
4 RF Stomp forward
5 RF + LF Swivel heels right
6 RF + LF Swivel heels back center
7 RF + LF Swivel heels right
8 RF + LF Swivel heels back center

S 7: HEEL SWITCHES WITH ½ TURN
1 RF Touch heel forward
2 RF Step right beside left
3 LF 1/4 turn left, touch heel forward
4 LF Step left together (9:00)
5 RF Touch heel forward
6 RF Step right beside left
7 LF 1/4 turn left, touch heel forward
8 LF Step left together (6:00)

S 8: HEEL SWITCHES WITH ¼ TURN, POINT AND 1 1/4 TURN, STOMP
1 RF Touch heel forward
2 RF Step right beside left
3 LF 1/4 turn left, touch heel forward
4 LF Step left together (3:00)
& and touch right toe next to left (turn heel out)
5 RF 1/4 turn right, step forward (6:00)
6 LF 1/2 turn right, step back (12.00)
7 RF 1/2 turn right, step forward (6:00)
8 LF stomp beside RF
Option 5-7: Attach the 1 1/4 turn right on the Right heel.

Start over

Ending 7th wall:
Change count 5 and 6 section 8 in:
5 RF 1/4 turn left, stomp forward
6 Hold (12.00)

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